The International Catholic Committee of Nurses and Medico-Social Assistants (CICIAMS)is in consultative status as an NGO (Non-governmental Organization). Located within Vatican City, the International Catholic Nurses were represented by four American nurses who serve as delegates to the United Nations. They are committed to bringing acceptable solutions to the current discussions on the upcoming 2015 Sustainable Development Goals in New York, New York, April 13-17, 2015. The nurses are Dr. Patricia Sayers, MSN, DNP, RN, Maria Arvonio, BSN, MA, RN, Marion Nowak, Med, MPh DNP, RN and Patricia Staley, RN

During the recent 48<sup>th</sup> Session of the Commission on Population and Development Dr. Patricia Sayers, MSN, DNP, RN presented a statement of the concerns of CICIAMS on the population reduction methods used currently and the ethical and moral consequences of the present programs to limit births around the globe. Other considerations such as subsidiarity in all programs, required informed consent for all planned methods of fertility control, the factual medical information for contraception and abortion, and the testimony of the nurses that these methods are alarmingly harming women.

The full statement is included below. There was a three minute limit for each statement. The International Catholic Committee of Nurses were one of only two NGOs giving life affirming testimony to the UN Commission on Population and Development. The other was the respected UN research and policy organization C-Fam. Most of the NGOs were represented by young post-college women demanding cultural and economic support for comprehensive sex education, sexual freedom for all and contraception and abortion provided to all citizens of the world.



#### Statement by:

International Catholic Committee of Nurses and Medico-Social Assistants

Comite International Catholique des Infermeres et Assistanties Medico-Sociales (CICIAMS)

Oral Presentation – 3 Minute Limit

48<sup>th</sup> Session of the Commission on Population and Development

New York, New York April 13-17, 2015

Secretariat of the Commission, distinguished panel members and guests:

Health is foundational to all human endeavors. Nurses provide 90% of healthcare world-wide and in many disparate and remote areas, nurses are frequently the sole healthcare provider. Global nursing will greatly influence 2015 SDG achievements. Our international organization offers the following statements regarding fertility health, child spacing, individual/family health, cultural competency, subsidiarity, human rights, and sustained development.

#### **Cultural Competency**

Health and healing involve the whole person: body, mind, and spirit. Persons regardless of age, sex, disability, race, ethnicity, origin, religion, and economic status benefit from culturally sensitive care and related accommodations.

## **Subsidiarity**

Involvement of individuals, families, and communities in their own health fosters responsibility and relieves the global community of burden. The family has the greatest motivation to reduce mortality and disease among members due to proximity and relationship among loved ones.

## **Human Rights**

"... all patients have a fundamental right...to consent to or to refuse treatment, and to be informed about relevant risk ..." advises The World Health Organization (WHO n.d.). The three elements of informed consent include: patient competency and decision making ability; risk and benefit disclosure; and identification of alternatives. of young girls, young boys, woman, and men must be forbidden. coercion

## **Sustained Development**

Organizations need to work together to build and to maintain schools of nursing near locations underserved and/or identified as disaster prone to improve and sustain regional resources.

# Fertility Health, Child Spacing, and Individual/Family Health

Fertility is an integral part of total self. Understanding the body, fertility and life cycle development from human conception to human adulthood is paramount. It is of concern, that the primary method of fertility suppression is hormonal manipulation via estrogen, which is a Class I carcinogenic, and via progesterone, which is linked to blood clotting that causes stroke and heart attack in women of childbearing years and cancer. The widely distributed Depo Provera is found to have a 3.3 fold risk of poor prognosis, triple negative breast cancer. However, overlooked are the modern methods of fertility care such as the Creighton Model that are ninety-five percent effective, natural, easily taught from mother to daughter, and free. Compounding the burden women bear in fertility, is that tragically over 43 million pre-born children are aborted yearly. Abortion risks future fertility, breast cancer, and Postabortion Syndrome, among many other risks. In an effort to limit the gift of children born, the programs utilized are harming women.

A closing quote: Mother Theresa, United Nations, October 26, 1985

"...let us make a strong resolution that in our countries,...in our cities, we will not allow a single child to feel unwanted, to feel unloved,...And let us help each other to strengthen, ...that in our countries that terrible law of killing innocents, of destroying life, destroying the presence of God, be removed from our country,...from our people, from our families...as we see God in each other, we will be able to live in peace, and if we live in peace, we will be able to share the joy of loving each other and God will be with us.

We Thank You.

CICIAMS MEMBERS FROM AFRICA, ASIA, CENTRAL AMERICA, EUROPE, NORTH AMERICA, OCEANIA, and SOUTH AMERICA