

## **CATHOLIC NURSES ASSOCIATION OF KENYA**

Here is the report on the Nurses' activities during this COVID-19 pandemic (March-December 2020). The catholic Nurses have been engaged in the following activities as part of their services to humanity. At times they have been requested to air the information on radio and also physically in the parishes during Holy Masses.

- Creating awareness about COVID-19 in our parishes (a session during every mass)
- Giving health education on proper use of masks to the community through our local churches and radio stations
- Educating the public on measures of infection control and prevention on radio and during church services
- Educating the public on proper hand washing and sanitization( ensuring availability of soap and running water in tanks at church entrances)
- Educating the public on the importance of keeping social distance
- The nurses have also educated the priests on COVID -19 prevention measures and demonstrated to them how to take the temperatures.
- The nurses constitute jik and assist in church fumigation after every mass
- Caring for the infected patients in our isolation hospital units
- Encouraging the public to utilize isolation facilities in the event that one falls ill
- Encouraging the expectant mothers who fear using the hospital for fear of contracting COVID-19 together with their newborns
- Encouraging mothers to take their babies for the routine immunizations
- Counseling the infected patients in view of reducing stigma
- Journeying with the affected families and the significant others.
- Preparing for Holy Masses for the departed due to COVID-19 and the families
- Participating in 'Home Based Care'
- Facilitating COVID-19 mitigation (taking temperature of Christians as they come in for mass, ensuring masks are well adjusted)
- Giving nutritional counseling and support to the asymptomatic clients.

Anne L. Kabimba

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